

# **EVSRA Regional Championship Regatta Guidelines**

## **03.2014**

The EVSRA Championship Regatta shall be competed in accordance with the current USRowing Rules of Rowing, with the following additions/clarifications:

### Basic Event Rules

- Progression of Entries
  - Teams must enter a Varsity crew before entering a 2<sup>nd</sup> Varsity crew for that same boat size. A 2V crew must be entered before a 3V entry can be made.
    - Any program younger than three years may start their progression at the 2<sup>nd</sup> Varsity level.
    - Any program three years old, or older, must enter a Varsity level crew.
    - Progression must be verifiable through post-event results. A team's higher crew must race faster than their lower crew, or both boats will be disqualified. Only the fastest times posted by each crew during the entire championship regatta will be compared. This rule applies after all races are complete, and each crew's max effort has been recorded (heat times are unreliable, as max effort may not be required to advance). This rule can be nullified if the affected team can prove significant cause (injury, crab, weather, etc.) for the slower time in the upper boat. Faster times in the lower boat are not valid explanation.
  - Lightweight events fall outside of progression.
    - For example, a coach may enter a L4+ without first entering a V4+.
    - If there are less than three scoring entries for a lightweight event (at the mid-week coaches meeting) it will be folded into the open-weight progression. The affected coach(es) will be permitted to adjust his/her entries to meet progression guidelines and/or score points.
  - Novice events fall outside of progression.
  - Teams are only permitted one entry per event for championship points.
    - Any second entry will row "exhibition" and not progress through the regatta, earn a medal, or score points.
    - In the 1x and 2x events, a team may have two entries progress, medal, and score points.
  - There will be no double-rowing for championship points.
    - Any championship entry with a rower racing a second/third time will row "exhibition" and not progress, medal, or score points.
    - Mixed events are not for championship points. This rule does not apply.
  - Should a crew be unable to race after they have advanced, the next eligible crew (per progression rules) will be offered the open slot. This crew is eligible to progress, medal, and score points.
  - The following is the established progression by event category:

Varsity 4+ and 8+ events require Petite and Grand Finals to rank teams for scoring. These categories will use the progressions presented in Tables 1-3. All other events will follow the progressions of Tables 4-6.

<b>Table 1. Varsity 4/8 Events (6-10 entries)</b>						
<b>Event</b>	<b>Progression</b>	<b>Lane 1</b>	<b>Lane 2</b>	<b>Lane 3</b>	<b>Lane 4</b>	<b>Lane 5</b>
Heat A	1st, 2nd, better 3rd to GF, remainder to PF	Rank 9	Rank 5	Rank 1	Rank 4	Rank 8
Heat B		Rank 10	Rank 6	Rank 2	Rank 3	Rank 7
Petite Final		5th Ht B	4th Ht A	Slowest 3rd	4th Ht B	5th Ht A
Grand Final		Fastest 3rd	2nd Ht B	1st Ht A	1st Ht B	2nd Ht A

**Note:** When only 6-7 entries are made, petite finals will not be held. Finishing order for crews 6 and 7 will be determined using heats times

<b>Table 2. Varsity 4/8 Events (11-15 entries)</b>						
<b>Event</b>	<b>Progression</b>	<b>Lane 1</b>	<b>Lane 2</b>	<b>Lane 3</b>	<b>Lane 4</b>	<b>Lane 5</b>
Heat A	1st to GF, remainder to Rep	Rank 13	Rank 7	Rank 1	Rank 6	Rank 12
Heat B		Rank 14	Rank 8	Rank 2	Rank 5	Rank 11
Heat C		Rank 15	Rank 9	Rank 3	Rank 4	Rank 10
Rep A	1st to GF, 2nd, 3rd, & better 4th to PF	4th Ht A	3rd Ht B	2nd Ht C	3rd Ht A	4th Ht B
Rep B		Fastest 5th	3rd Ht C	2nd Ht B	2nd Ht A	4th Ht C
Petite Final		Fastest 4th	3rd Rep A	2nd Rep B	2nd Rep A	3rd Rep B
Grand Final		1st Rep B	1st Ht C	1st Ht A	1st Ht B	1st Rep A

<b>Table 3. Varsity 4/8 Event (16-20 entries)</b>						
<b>Event</b>	<b>Progression</b>	<b>Lane 1</b>	<b>Lane 2</b>	<b>Lane 3</b>	<b>Lane 4</b>	<b>Lane 5</b>
Trials	Advance to Reps by Time	Rank 17	Rank 9	Rank 1	Rank 8	Rank 16
Trials		Rank 18	Rank 10	Rank 2	Rank 7	Rank 15
Trials		Rank 19	Rank 11	Rank 3	Rank 6	Rank 14
Trials		Rank 20	Rank 12	Rank 4	Rank 5	Rank 13
Rep A	1st and top two non-winning times to GF, Slowest 2nd, 3rd, & better 4th to PF	13th Time	7th Time	1st Time	6th Time	12th Time
Rep B		14th Time	8th Time	2nd Time	5th Time	11th Time
Rep C		15th Time	9th Time	3rd Time	4th Time	10th Time
Petite Final		Fastest 4th	3rd Rep B	Slowest 2nd	3rd Rep A	3rd Rep C
Grand Final		Second 2nd	1st Rep C	1st Rep A	1st Rep B	Fastest 2nd

<b>Table 4. Other Events (6-10 entries)</b>						
<b>Event</b>	<b>Progression</b>	<b>Lane 1</b>	<b>Lane 2</b>	<b>Lane 3</b>	<b>Lane 4</b>	<b>Lane 5</b>
Heat A	1st, 2nd, better 3rd to F	Rank 9	Rank 5	Rank 1	Rank 4	Rank 8
Heat B		Rank 10	Rank 6	Rank 2	Rank 3	Rank 7
Final		Fastest 3rd	2nd Ht B	1st Ht A	1st Ht B	2nd Ht A

<b>Table 5. Other Events (11-15 entries)</b>						
<b>Event</b>	<b>Progression</b>	<b>Lane 1</b>	<b>Lane 2</b>	<b>Lane 3</b>	<b>Lane 4</b>	<b>Lane 5</b>
Heat A	1st, top two non-winning times to F	Rank 13	Rank 7	Rank 1	Rank 6	Rank 12
Heat B		Rank 14	Rank 8	Rank 2	Rank 5	Rank 11
Heat C		Rank 15	Rank 9	Rank 3	Rank 4	Rank 10
Final		Second Non-1 <sup>st</sup>	1st Ht C	1st Ht A	1st Ht B	Fastest Non-1st

<b>Table 6. Other Events (16-20 entries)</b>						
<b>Event</b>	<b>Progression</b>	<b>Lane 1</b>	<b>Lane 2</b>	<b>Lane 3</b>	<b>Lane 4</b>	<b>Lane 5</b>
Trials	Advance to Finals by Time	Rank 17	Rank 9	Rank 1	Rank 8	Rank 16
Trials		Rank 18	Rank 10	Rank 2	Rank 7	Rank 15
Trials		Rank 19	Rank 11	Rank 3	Rank 6	Rank 14
Trials		Rank 20	Rank 12	Rank 4	Rank 5	Rank 13
Final		5th Time	3rd Time	1st Time	2nd Time	4th Time

Event compression contingency plan – The event may be compressed for cause (weather, venue availability, etc.) by eliminating events in the following order:

- Any exhibition events (mixed boats, coaches race, etc.) are first.
- Reps are second. Progression from heats to finals still apply. Advancement from reps to finals is done using heats times.
- Petite finals are third. Rankings for points are determined using heat/rep times (reps take precedence).
- Finals of only two boats are fourth. Sweep finals of only three boats are fifth.
- If further events must be eliminated, this is done from lowest to highest 1<sup>st</sup> place Thomson Cup points.
- Should weather make it unsafe for a boat category (1x, novices, etc.) to race in finals, or if that final is cancelled using the rules above, heat/rep times will be used for final rankings.
- Note: crews that cannot meet the compressed schedule due to equipment availability (and are unable to borrow) must forfeit.

- Coxswains
  - Coxswains will not be weighed.
  - Coxswains may cox once and race once in two different championship events.
  - Coxswains may cox twice in two different championship events.
  
- Lightweighters
  - The MAXIMUM weight for rowers is 132/152 pounds for women and men, respectively.
  - Weigh-ins will be held from 0730 to 0830.
  - All rowers of a lightweight crew must weigh-in together.
    - Entire crews that make weight will receive a bracelet they must wear through the entire regatta.
    - Bracelets will not be given to any member of a crew until all members of that crew qualify.
  - Rowers will be notified if they are within the standards for racing, not of their actual weight.
  - Failure to make weight:
    - Athletes who fail to make weight are permitted to re-weigh immediately after all other teammates have attempted to weigh in. Each athlete is allowed two attempts to weigh in.
    - If a rower/rowers fails to make weight, the team will be given 10 minutes in which to identify an alternate and qualify the entry.
    - If an entry cannot be qualified, the students within the boat can be moved into other entries for which they are eligible.
    - If an entry cannot be qualified, the crew can be moved into an open racing slot for which they qualify.
  
- Novices
  - Novice crews are comprised of rowers and coxswains that are competing in their first spring regatta season.
  - Any rower meets the requirements above if their prior participation/training was as a coxswain.
  - Any coxswain meets the requirements above if their prior participation/training was as a rower.
  
- VHSL Rules - Though rowing is not a VHSL sport, VHSL rules will be followed by the EVSRA with the following amplifications and exceptions.
  - Amplifications:
    - 7<sup>th</sup> graders will not compete.
    - 8<sup>th</sup> graders at or rising to a school may participate as their school decides.
  - Exceptions:
    - Home-schooled students can participate in any EVSRA regatta. Championship entries with home-school students are not considered “scholastic”, and must be declared exhibition. Any team entering home-school students must verify those individuals are covered by the proper insurance (injury and liability).

- Guest programs (non-EVSRA teams, including non-scholastic organizations) may be invited to race by a member team. Championship non-scholastic entries are exhibition only. The member team inviting the outside program must verify that program is covered by the proper insurance (injury and liability).
  
- NSRC Qualifications – EVSRA Regional Championships is a qualification regatta for the National Scholastic Rowing Championships. This section is reserved for inclusion of rules regarding qualification bids to the NSRC.
  
- Scheduling
  - Entries are due by the online entry deadline the Tuesday prior to the event.
  - Heat and lane assignments will fall to the judgment of the regatta scheduler. Decisions here will be informed by results this season.
  - The coaches will convene either Wednesday or Thursday prior to the event to review the schedule for accuracy and fairness.
    - Coaches may debate the heat and lane assignments. The regatta scheduler (the individual creating the original lane assignments from the online registrations) has final say on any adjustments.
    - Following this meeting (unless identified above as being permitted), the only permitted changes to the schedule will be scratches of entries and events will not be expanded or created to accommodate changes.
    - Should an event become non-scoring, the affected coach(es) may adjust his/her entries, including to qualify them for points and/or medals.
  - The morning coaches' meeting on the day of the event will allow only limited schedule changes.
    - Schedule changes made at, or before this meeting will affect scoring eligibility of events and crews. These changes may also affect medal/ribbon eligibility.
    - Entries that change to exhibition status can be identified as such at any time. Entries cannot change from exhibition status after this meeting.
    - Reshuffling the schedule at this meeting to compress the entire event is allowed. Should there be disagreement on how to do this, the regatta director will consult the regatta scheduler and make the final decision.
  - There are several circumstances in which open racing slots can be filled due to changes based on the rules above. The priority in taking open slots is:
    - A crew that will be eligible to earn points in that slot takes priority over a crew that will not earn points.
    - For 1x/2x events where both crews may earn points, schools with no entries take priority over schools with one boat already entered.
    - If no other priority rules apply, filling slots is first-come, first-filled.
    - Boats entered online cannot be bumped from their racing slot, even if they are exhibition.

- Medaling & Ribbons
  - Medals will be awarded in events with three or more entries.
    - Four crews, or more = gold, silver, and bronze
    - Three crews = gold and silver
  - Ribbons will be awarded to:
    - Events with two entries, 1<sup>st</sup> place ribbons only.
    - Mixed boat entries. (Mxd8, Mxd4, etc.)
  
- Rules Violations
  - Concerns regarding potential rules violations are submitted to the regatta director by the head coach of any team entered in the affected event.
  - Potential violations will be investigated and ruled on by the regatta director, in consultation with the head referee.
  - By signing the trophy points form for their team, each head coach confirms they have no concerns regarding rules violations.
  - Potential violations will not be addressed after the day of the event.
  - The regatta director will recuse from any decision affecting a team to which they are associated. The regatta commission chairperson will take on the responsibilities of making the ruling.
  
- Post-event Ceremonies
  - The individual racing awards will be presented in the following order: N2x, N4+, N8+, 1x, 2x, 4x, 2V4+, L4+, V4+, L8+, V8+.
  - Team trophies will be awarded after the individual race awards, first the Efficiency Cup and then the Thomson Cup.

## Trophies

- Common Rules
  - Sweep events must have a minimum of four registered entries to qualify as a championship event.
  - Sculling events must have a minimum of three registered entries to qualify as a championship event.
  - Varsity 8 races are always scoring events.
  - Exhibition entries are NOT included in the count to establish an event as a scoring event.
  - Points will be awarded to crews based upon finals finishing order. Crews not making finals will receive points based upon heats and rep times (crews advancing from heats outrank all non-advancing crews).
  - Should crews be disqualified for any reason during finals, the finishing order for the event will be adjusted (for points purposes) using heat/petite final times. Medals cannot be awarded outside the (grand) final.
  - In the event of a tie in trophy score, there will be a meeting of the Regatta Director and all the head coaches present at the event.
    - Coaches may choose to abstain from the meeting.

- The tie can be broken by comparing the two teams in events where they competed against each other.
    - The winner will be the program that finished better in the highest valued event where the two teams both competed.
    - Use the Points Distribution Chart to establish the ranking of the importance of the events.
  - Sharing the trophy is an acceptable solution.
- The **Thomson Cup** is intended to recognize the most dominant team in the EVSRA and will be awarded by a calculation of points earned under the following guidelines:
- Each team is awarded points from table 7 for its SIX highest point-value finishes.
  - The team score is a sum of all the above noted events.
  - Coaches will sign a Thomson Cup results card at the conclusion of the regatta to acknowledge the correct recording of all finishes, medals, and points.
- The **Efficiency Cup** is intended to recognize the team that competes the best in their events entered and will be awarded by calculating the percentage of possible points earned under the following guidelines:
- A team cannot win both Cups. The winner of the Thomson Cup will be removed as a competitor for the Efficiency Cup.
  - A team must have a minimum of three championship event entries to compete for the efficiency cup.
  - Each team is awarded scores for all of its championship entries.
  - Teams with four or more entries remove their crew that most negatively impacts the efficiency score from the calculation.
  - The team score is the percentage of possible points earned. The points total awarded from table 7 to each team is divided by the total points possible to be earned by crews qualifying for the efficiency cup.
  - Crews earning no points, but participating in scoring events are used for this cup, contributing only to the denominator of the calculation.
  - Coaches will sign an Efficiency Cup results card at the conclusion of the regatta to acknowledge the correct recording of all finishes, medals, and points.

**Table 7. Points Distribution Chart**

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
V8+	100	75	56	42	32	24	18	13	10	8	6	4	3	2	1
L8+	85	64	48	36	27	20	15	11	9	6	5	4	3	2	1
2V8+	75	56	42	32	24	18	13	10	8	6	4	3	2	1	
2L8+	70	53	39	30	22	17	12	9	7	5	4	3	2	1	
V4+	60	45	34	25	19	14	11	8	6	5	3	2	1		
V4x	55	41	31	23	17	13	10	7	6	4	3	2	1		
3V8+	50	38	28	21	16	12	9	7	5	4	3	2	1		
N8+	50	38	28	21	16	12	9	7	5	4	3	2	1		
L4+	50	38	28	21	16	12	9	7	5	4	3	2	1		
2V4+	45	34	25	19	14	11	8	6	5	3	2	1			
L4x	45	34	25	19	14	11	8	6	5	3	2	1			
2L4+	42	32	24	18	13	10	7	6	4	3	2	1			
NL8+	40	30	23	17	13	9	7	5	4	3	2	1			
2V4x	40	30	23	17	13	9	7	5	4	3	2	1			
N4+	30	23	17	13	9	7	5	4	3	2	1				
V2x	30	23	17	13	9	7	5	4	3	2	1				
V2-	25	19	14	11	8	6	4	3	2	1					
N4x	25	19	14	11	8	6	4	3	2	1					
L2x	25	19	14	11	8	6	4	3	2	1					
2V2x	20	15	11	8	6	5	4	3	2	1					
2L2x	15	11	8	6	5	4	3	2	1						
V1x	15	11	8	6	5	4	3	2	1						
2V1x	10	8	6	4	3	2	1								
N2x	10	8	6	4	3	2	1								

Note: The grayed scores above will not be used for trophy point calculations. Grayed cells can be adjusted no later than the coaches' meeting 2-3 nights before the event.